



Ocean Dreaming

8-10 February, 2019, Gower Peninsula

**Let the water settle; you will see the moon
and stars mirrored in your being.** (Rumi)

All healthy, living tissues subtly 'breathe' with the motion of life: our ocean within. Our fluid body is primal, it is our source, and can teach us much about ourselves. For we grow in fluid, we are primarily fluid beings and with the breaking of the waters we enter this world. For these reasons, and many more mysterious ones, being by the ocean is incredibly therapeutic and healing on many levels.

This weekend ceremony offers us the opportunity to dream deeply with the ocean, with her tides and rhythms and to come to know our place in the huge unconsciousness. We will let the Tides take away that which no longer serves us and welcome in the stillness that lives at the heart of all life. We will listen to the ocean's call at this time and quest what is being asked for the next steps in our lives.

Each molecular drop of water holds a signature that gets passed to the rest of the ocean. We are each a droplet, holding a whole world: our world. This means we are not small and inconsequential; we have power and can make an impact. The invitation for this ceremony is for you to find and offer your unique signature back to the ocean, back to source.

PRACTICAL DETAILS

We will be working from an idyllic cottage in the Gower that is a stone's throw from the ocean where we'll have a stunning beach pretty much all to ourselves.

This is a 2-night residential ceremony and you'll need to arrive early evening on Friday 8th Feb and we will conclude by 5pm on Sunday, 10th Feb 2019. The residential cost is £175. Places are limited to 8 so early booking is advisable (a deposit of £50 secures your place) and rooms will be allocated on a first come first served basis.

For self is a sea
boundless and
measureless.

Kahlil Gibran



RI FERRIER - STARMISTDREAMER has trained in the Beauty Way Native American Medicine path under the tutelage of Arwyn Dream-Walker for the last 17 years. This path has brought her many rich and profound blessings in her life and she is passionate about bringing these teachings to others.

As well as a Journeyor of the MorningStar Lodge, Ri is also a Craniosacral Therapist, dreamer, writer and mother. She is enthusiastic and passionate about making a difference in the world, whilst walking in a way of gentleness and beauty.

BOOKING FORM- Ocean Dreaming, 8-10 Feb 2019

Name _____

Address _____

Tel No _____

Email _____

How did you hear of this retreat?

What types of trainings / retreats have you attended before?

Do you have any health restrictions?

Please answer the following:

I will look after my health needs including taking any medication prescribed for health/medical reasons
YES | NO

I will refrain from alcohol or mind altering substances
YES | NO

I understand that the course may bring healing, insights, teachings and dreams. I will take full responsibility for all that this day brings to me.
YES | NO

PAYMENT & CONTACT DETAILS

To secure your place please send this form and a **deposit** cheque, made payable to 'M Ferrier', for the sum of £50, to the address below.

Ri Ferrier, 1 Yew Tree Cottages, Cherington, Tetbury, GL8 8SJ.

If you have any questions or concerns, please do get in touch for a chat:

riferrier@waitrose.com | 01285 841675 | 07970 555348