

# Weaving a Sacred Life

29 Nov-1 Dec, 2019,  
Herefordshire



When we have choreographed our lives well, we are in a place of effortless, dancing our dreams awake as sustainable human beings and in tune with one of the four Universal Laws of the GrandMother: “Maximum efficiency with minimum effort.”

Most people in their lives, however, do exactly the opposite, producing dissonance and imbalance and living a life of struggle - in essence working extremely hard and getting nowhere. Ever feel like you are pushing a boulder up a hill?

The invitation of this workshop is for you to begin to learn to design your priorities, decisions and choices in alignment with the yearnings of your heart, mind, body, spirit and soul.

This weekend ceremony offers us the chance to look at our shadow (where we make decisions on the direction of our life from self-importance and self-pity, not realising it is a mask and an illusion) and the chance to look at the light - where we can identify what heart, mind, body, spirit and soul yearn for - and begin to understand how we have the power to weave a sacred life.

## PRACTICAL DETAILS

We will be working from a beautiful retreat centre located in a remote part of Herefordshire on a four-acre site, overlooking wonderful views to the Golden Valley and Hay Bluff. This is a 2-night residential ceremony and you'll need to arrive early evening on Friday 29<sup>th</sup> Nov and we will conclude by 4pm on Sunday, 1<sup>st</sup> Dec 2019. The residential cost is £175. Places are limited to 10 so early booking is advisable (a deposit of £50 secures your place).

If you're searching for that one person who will change your life, look in the mirror.



**RI FERRIER - STARMISTDREAMER** has trained in the Beauty Way Native American Medicine path under the tutelage of Arwyn Dream-Walker for the last 18 years. This path has brought her many rich and profound blessings in her life and she is passionate about bringing these teachings to others.

As well as a Journeyor of the MorningStar Lodge, Ri is also a Craniosacral Therapist, dreamer, writer and mother. She is enthusiastic and passionate about making a difference in the world, whilst walking in a way of gentleness and beauty.

## BOOKING FORM- Sacred Life, 29 Nov -1 Dec 2019

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Tel No \_\_\_\_\_

Email \_\_\_\_\_

How did you hear of this retreat?

What types of trainings / retreats have you attended before?

Do you have any health restrictions?

**Please answer the following:**

I will look after my health needs including taking any medication prescribed for health/medical reasons  
YES | NO

I will refrain from alcohol or mind altering substances  
YES | NO

I understand that the course may bring healing, insights, teachings and dreams. I will take full responsibility for all that this day brings to me.  
YES | NO

### PAYMENT & CONTACT DETAILS

To secure your place please send this form and a **deposit** cheque, made payable to 'M Ferrier', for the sum of £50, to the address below.

Ri Ferrier, 1 Yew Tree Cottages, Cherington, Tetbury, GL8 8SJ.

Alternatively email me for BACs information.

If you have any questions or concerns, please do get in touch for a chat:

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